

PERSONAL EQUIPMENT LIST

Required items must be brought by each individual on each mission. **Desirable** items should be seriously considered by each individual. Use your good judgement on what should be left at base camp and what should be carried. Unit equipment will be added as needed.

REQUIRED	DESIRABLE	OPTIONAL
Large pack for personal & Unit gear	Insect repellent	Extra flashlight
Sleeping bag	Climbing rope	Extra medical equipment
Insulation pad	Nylon cord 25-50 ft.	Vapor barriers
Bivouac sack	Camera & film	Rucksack
Compass	Binoculars	Can opener
Matches, in waterproof case	Tent, poles & cord	Change of clothes at base camp
Headlamp	Soap, toothbrush, etc.	Aerial flare kit
Extra batteries (1 set)	Extra climbing gear	Strobe light
Extra bulb	Avalanche Probe	Signal Mirror
Water, 1 qt. minimum		Ground sheet, waterproof
Food, 3 days		Avalanche beacon
Notebook & Pencil		Altimeter
First aid kit, personal		Water treatment
Sunscreen/Lip balm	Snow shovel	Duffle Bag to hold extra gear
Whistle	Candle	
Toilet paper	Pocket knife	
Cup & spoon	Stove & fuel	
Cook kit or pot	Climbing harness	
Belay device	Rappel device	
Carabiners, 4 (1 - locking)	Nylon runners, 3 (1 - 18' long)	
Rescue pulley, 1	Ice Axe	
Snowshoes or X/C skis (winter)	Crampons	
Prusik slings or mechanical ascenders, 3		
<u>Clothing:</u>		
Climbing Helmet	Bandana	Light booties
Hat or Balaclava		Spare gloves
Eye protection, sun/wind		Lightweight hiking boots

Layers upper/lower:

- Under -- wicking
- Insulation -- wool/synthetic
- Shell -- rain/wind/snow
- Mittens/gloves
- Socks (layers)
- Mountain boots
- Extra insulating layer(s)